



City of Porterville Parks & Leisure Services 2010 Swim Schedule



Special dates of operation: May 29th, 30th, 31st & June 5th, 6th

Pool open daily: beginning June 7

Recreational Swimming

Hours: Monday – Friday 12:00 - 4:00 p.m.
Saturday & Sunday 1:00 - 5:00 p.m.
General Admission: \$ 1.00 children
\$ 2.00 adults

Family Swim

Hours: Monday - Thursday 6:00 - 8:00 p.m.
Fridays 6:00 - 9:00 p.m.
General Admission: \$.50 child with parent
\$1.50 child without parent
\$1.50 adults

Water Aerobics

Mon/Wed/Fri 6:00 – 7:00 a.m.
Admission: \$2 per class

Swim Lesson Information

All classes meet Monday through Friday. Sessions are offered in two-week sessions beginning June 7th. Sign up at the Parks and Leisure Services Department located at the Heritage Center (256 E. Orange). After June 4th, all registration will be taken Mondays & Fridays at the City Pool during normal pool hours. You must sign up in person. Registration will be taken on a first come, first served basis. Early registration is advised.

Parks & Leisure Services 791-7695
Municipal Pool 782-7543



Swim Lessons - Course Descriptions

Water Babies (Ages 1-3) - “Mommy & Me” introduction to water *with* parent.

Tiny Tots I (Ages 3-5) - Introduction to water.

Tiny Tots II (Ages 3-5) - Increased emphasis on applicable water skills.

Guppies (Ages 4 & up) - Introductory swimming skills.

Beginners (Ages 5 & up) - Beginning swimming skills reinforced with an ultimate goal of a 15 yard unassisted crawl stroke swim.

Advanced Beginners (Ages 5 & up) - Focus on techniques of crawl stroke, introduction of elementary backstroke and underwater swimming. Pre-requisite: Successful completion of Beginners.

Intermediates - Focus on new strokes such as breast-stroke and competitive backstroke. Pre-requisite: Successful completion of Advanced Beginners.

Swimmers - Work on distance & technique of all strokes, gain endurance treading water and learn side stroke. Pre-requisite: Successful completion of Intermediates.

Competitive Strokes - Learn to swim in a competitive setting. Includes starts, flip-turns, butterfly and endurance swimming. Gain strength & speed through practice. Pre-requisite: Successful completion of Intermediates.

Diving - Introduction to 1 meter springboard diving. Pre-requisite: Successful completion of Advanced Beginners

Adult Beginners - Classes offered on demand. Teaches basic swimming up to the ability of the individual. Minimum class enrollment may be required.

More On Back



Swim Lessons

Swim lessons are offered in two-week sessions by Red Cross trained instructors. All classes meet Monday through Friday. Sign ups will be taken starting May 3rd at the Parks and Leisure Department located in the Heritage Center (256 E. Orange Ave). **After June 4th, all registration will be taken Mondays & Fridays at the City Pool during normal pool hours.** You must sign up in person. Registration will be taken on a first come, first served basis. **Early registration is advised.**

Schedule:

Session I	June 7 – 18
Session II	June 21 – July 2
Session III	July 12 - 23
Session IV	July 26 – August 6

Cost: \$30 per two week session
\$25 for additional siblings



10:40 - 11:10 a.m.	11:20 - 11:50 a.m.	4:40 - 5:10 p.m.	5:20 - 5:50 p.m.
Water Babies	Tiny Tots I	Tiny Tots I	Water Babies
Tiny Tots I	Tiny Tots II	Tiny Tots II	Tiny Tots I
Tiny Tots II	Guppies	Guppies	Tiny Tots II
Guppies	Beginners	Beginners	Guppies
Beginners	Advanced Beginners	Advanced Beginners	Beginners
Advanced Beginners	Intermediates	Intermediates	Advanced Beginners
Intermediates	Swimmers	Swimmers	Intermediates
Competitive Strokes	Diving	Competitive Strokes	Diving

For more info call Parks & Leisure Services @ 791-7695 or the City Pool @ 782-7543

